

5km



10km

women's [only]
FUN RUN + 5km WALK

SUNDAY, AUGUST 2ND - 8AM

Leschenault Inlet starting at Bicentennial Square

Registration 6.30am : Race briefing 7.45am **ENTRY INCLUDES FREE TRAINING SESSIONS**

Entry Fees

- 10km **\$20**
- 5km **\$15**
- 10-16yrs **\$5**

Minimum ages apply:
On race day you must be
10yrs: 5km • 16yrs: 10km

Optional Polo shirt
PRE-ORDERS ONLY

Size 8-24 (Slim Fit) **\$30**
Please specify size in box

Send entries marked:
WOMEN'S FUN RUN
PO Box 1161
Bunbury WA 6231
Cheque or money
orders made payable to
Bunbury Runner's Club.

ENTRY FORM

Name

Address

..... DOB

Phone Email

If you have not participated in physical activity in recent months we recommend you have a medical check-up prior to commencing this event. If you have any medical conditions that may affect your ability to participate please describe below:

.....
.....

Declaration:

1. I agree to comply with all instructions and rules issued by the organisers.
2. I consent to receive any medical treatment deemed advisable by course organisers.
3. I acknowledge I have sole responsibility for my personal possessions and equipment.
4. I agree to abide by the organisers decision to discontinue participation if they so deem and my entry fee shall be non-refundable.
5. I attest and verify that I am physically fit to undertake moderate exercise and I do not have any physical or intellectual impairment that may make my participation hazardous to myself or others.
6. I hereby, for my executors, heirs and administrators, release and forever discharge the organisers from all claim, damages, actions whatsoever in any manner arising out of my participation.
7. Entry fee is non-refundable.

Signature.....(parent/guardian if under 18yrs)

Free Training Sessions

Starting June 23rd

: Tuesdays & Thursdays
5.15pm at Runner's Club

: Saturdays 7am at Caf-fez

All levels catered for!

ON RACE DAY
PRAMS WELCOME

**No rollerblades,
skateboards or dogs**



ENTER ONLINE or download from www.bunburyrunnersclub.mysouthwest.com.au

For more information contact Gail Falloon 0439 976 597 benessecoffee@westnet.com.au or Lorrie Morrison 0428 910 936 morrison99@westnet.com.au