

King and Queen of the Mountain Run 2007

Sunday 7th October saw a good field of 26 line up in ideal conditions for this year's running of the King and Queen of the Mountain. This is the second oldest event on the club's running calendar and is experiencing some kind of renaissance on the new Lennard Drive course.

A new overall record was set by James Webster. He blasted away in front right from the start line and maintained his form and pace right through to the top. His time of 17.54 broke Brad Brand's previous race record for this course by 16 seconds. The only other known better time than that was by Dave Dye in his earlier years. This effort should give James confidence for some more big showings in coming events.

Second across the line was Steve Ward, showing that all his recent heavy hills training with a backpack was a perfect lead up for this event. Early next year he will be heading off to the Sahara for nine gruelling days of sand hill climbing in the famous Marathon Des Sables. Lennard Drive will seem like a pleasant picnic in the park in comparison.

Dave Dye pipped Rosemary Johnson by just eight seconds for third place. This gave him the record for the 50+age group by exactly one minute, but it seems like that new record will be under serious threat in future years if he gets back to his full fitness again. Rosemary was a clear winner among the women runners.

As a chip off the old block, young Mike Dye again won the junior's Prince of the Mountain run, cutting three seconds off his slick time from last year. Charlie (Charlize) Warren was not far back in taking out the Princess of the Mountain. The Warren and Clarke mob made a good competition of the Junior division, and hopefully we can encourage more younger ones to take part next year and drag their parents along.

Ted Anderson, the founder of the King and Queen of the Mountain event and still going strong, was the first walker to the top. Julie Brown was talked into taking part in the event on the Thursday night before, but then surprised herself by beating the previous female walker's record by just two seconds. It seems that Bill Johnson's company and support made all the difference. Bill was the oldest competitor in the event, proving that age is really no barrier.

A good, healthy, wholesome breakfast, including pancakes, fruit salad by Brad and Donna Brand and Muffins from the Muffin Break, with commanding views back to Bunbury and the coast, rounded off another successful morning. The only glitch for the day was that I forget to take up the kettle to heat the water for the tea and coffee. Better luck next year.

The extensive list of trophies were created by Dave Dye, Brad Brand and Ted Anderson, and the certificates were supplied by Rosemary Johnson. The full list of results are set out below:

KING AND QUEEN OF THE MOUNTAIN RUN 2007 RESULTS

Seniors

1.	James Webster	17.54
2.	Steve Ward	21.31
3.	Dave Dye	22.23
4.	Rosemary Johnson	22.31
5.	Pierre Nebbe	23.25
6.	Steve Valli	24.27
7.	Steve Giles	24.36
8.	Ross Grey	25.15
9.	Doug Wright	25.57
10.	Danielle Warren	27.04
11.	Jackie Panizza	27.53
12.	Phil Smith	29.23
13.	Jo Brown	29.50
14.	Lyle James	32.01
15.	Lorrie Morrison	33.28
16.	Ted Anderson (W)	37.27
17.	Kylie Clarke	39.58
18.	Vanessa Wolf	40.17
19T.	Julie Brown (W)	41.58
19T.	Bill Johnson (W)	41.58

Juniors

1.	Mike Dye	9.23
2.	Fletcher Warren	11.15
3.	Charlie Warren	11.24
4.	Jakob Clarke	12.13
5.	Eli Warren	15.19
6.	Ryley Clarke	19.30

DIVISIONS

Male Open

1.	James Webster	17.54 *
----	---------------	---------

Female Open

1.	Rosemary Johnson	22.31
2.	Danielle Warren	27.04
3.	Kylie Clarke	39.58

Male 40+

1.	Steve Ward	21.31
2.	Pierre Nebbe	23.25

3.	Steve Giles	24.36
4.	Ross Grey	25.15

Female 40+

1.	Jackie Panizza	27.53
2.	Vanessa Wolf	40.17

Male 50+

1.	Dave Dye	22.23 *
2.	Steve Valli	24.27

Female 50+

1.	Jo Brown	29.50
2.	Lorrie Morrison	33.28

Male 60+

1.	Doug Wright	25.57
2.	Phil Smith	29.23
3.	Lyle James	32.01

Female 60+

—

Junior Male

1.	Mike Dye	9.23 *
2.	Fletcher Warren	11.15
3.	Jakob Clarke	12.13
4.	Eli Warren	15.19

Junior Female

1.	Charlie Warren	11.24
2.	Ryley Clarke	19.30

Male Walker

1.	Ted Anderson	37.27
2.	Bill Johnson	41.58

Female Walker

1.	Julie Brown	41.58 *
----	-------------	---------

* Sectional Record